

Atlantic Inn

Lunch Menu 12-2:30pm

Starters

Crispy breaded mushrooms, fresh side salad & homemade aioli £6.95 (V)

Salt & pepper squid, fresh side salad & sweet chilli mayo £8.95

Cornish crab cocktail salad, dressed crab meat with lemon & mayo on fresh salad £10.95

Fresh mussels, cooked in a white wine and cream sauce served with a warm ciabatta £10.95

Main Courses

Gammon, Egg & Chips £15.95

Atlantic Veggie Burger (V) £16.95

A plant-based 'Moving Mountains' patty, topped with chilli jam and Cheddar

Atlantic Bacon Cheeseburger £17.95

Two perfectly smashed beef patties, topped with smoky bacon, mature Cheddar & Cornish smoky BBQ sauce.

- St Ewe free-range fried egg £1.50

All burgers served with fries, salad and coleslaw

Breaded scampi, served with crispy chips, mushy peas and homemade tartare sauce £15.95.

Cornish Arthur's ale battered catch of the day, accompanied by golden chips, homemade tartare sauce and traditional mushy peas £18.95

Sharing Cornish cheese board, a selection of Cornish cheeses, chutney & crackers £21

Ciabattas

Served with a fresh side salad.

Roasted red pepper & hummus £11 (V)

Cheese & tomato £11

Bacon, lettuce & tomato £12

BBQ Chicken, bacon & cheese £13

Steak, onion & blue cheese £14

Salads

Fresh crisp salad with a topping of your choice

Olive, sun dried tomato & feta £12

Chicken, bacon and blue cheese £13

Chicken Caesar £13

Smoked mackerel £14

Freshly dressed crab meat £18 (*subject to availability*)

Side orders

Crispy chips £4 (VE) (GF)

Garlic bread £3.50 (V)

Golden onion rings £3.50 (VE)

Cheesy chips £5 (V)(GF)

Parmesan & truffle fries £7

Desserts

Cornish cheese board, a selection of Cornish cheeses, chutney & crackers £12

Treat yourself to something sweet – see the dessert board for today's choices £8

Allergens & Intolerances

Please inform a member of staff if you have any allergies or intolerances. We are more than happy to accommodate your dietary requirements and provide further information on any dish.